

Alchemy Adventures presents:

TUSCANY DREAMS

a women's adventure for the body mind and soul

May 23-30, 2015

Imagine waking up to the Tuscan sun and a cappuccino. The smell of vineyards and cypress trees floats across your senses. You begin your walk from village to village with eight other women. As the trails turn to cobblestones, you make your way to the inn. After relaxing and exploring each town, you dine on local seafood and pasta, drink wine and unwind at ages-old hot-springs before you fall asleep to your Tuscan dream.

Italy, a country known for its food, wine, architecture, passion, romance, and Renaissance art, will change the way you see your life! Let Italy awaken your passion, your creativity, your zest for life. As the culture, countryside, and camaraderie connect you to deeper parts of yourself, new dreams will arise of what's possible for your future. Join us as we walk in the footsteps of empresses and live those possibilities.

Give yourself the gift of a lifetime.

Join Kim Mlinarik LMHC CDP, Colleen Russell MATP, and Eric Fulgenzi WFR for this playful, life-changing Alchemy Adventure!

Want to be part of the magic?

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www.alchemyadventures.com/tuscany-dreams